Instant Alert Sport’s Announcements

2019 Fall Middle School Sports

Try-outs Times and Dates

1. Middle School Girls’ Basketball
   Monday August 12-15, 1:30 PM – 3:45 PM
   Site: Middle School Gym

2. Middle Cheerleading
   Monday August 12-15, 4:00 PM – 6:00 PM
   Site: Middle School Cafeteria

3. Middle School Volleyball
   Monday August 19-22, 4:00 PM – 6:00 PM
   Site: Middle School Gym

4. Middle School Golf
   Monday August 19-22, 5:30 PM – 7:30 PM
   Site: Quinton Oaks Golf Course

5. Middle School Co-ed Soccer
   Monday August 26-29, 4:00 PM – 6:00 PM
   Site: Middle School Athletic Fields

Make sure your child is ready for try-outs by having a high school VHSL Physical Form completed by a physician and their parents. You may pick up a physical form in the middle school office.